



SOUL SESSION

HIGH ENERGY / ALL HEART / ALL FAMILY

BAND + BUSINESS STATEMENT / 2026



WE ARE SOUL SESSION...

Soul Session, a high-energy musical ensemble, will make you dance, scream, and jump around all night long - while commanding the room with unforgettable entertainment. Led by "Soulist" **Garland Nelson**, winner of the 2019 Proctors Eddies Award for Best R&B Vocalist and a nominee in 2024 and 2025, **Soul Session** brings an emotive, genre-spanning style to every stage. The band earned Best Band in New York's Capital Region at the 2019 and 2024 Eddies Awards and was nominated again in 2025.

Founded on the belief that soul music is God's multicultural lifeline, **Soul Session** elevates every performance by making the audience the center of attention through call-and-response, outstanding song arrangements, and Love. The result: every show is creative, organic, high-energy, and uniquely original.



EDDIES RECOGNITION

GARLAND NELSON

2019 WINNER - BEST R&B VOCALIST
2024 + 2025 NOMINEE

SOUL SESSION

2019 + 2024 WINNER - BEST BAND
2025 NOMINEE

2025 LISTEN UP AWARD RECIPIENT
FAVORITE R&B, SOUL, FUNK

SOUL SESSION LIVE

EVERY SHOW IS
CREATIVE. ORGANIC.
UNIQUELY ORIGINAL.

*Not a Wedding Band. But a
BAND THAT DOES WEDDINGS!*

